

## **COFFEE AFTERNOON**



Sahara coffee afternoon session for women once a week, we discuss our daily issues, invite guest speakers to gain information related to health and other problems we face every day. We also organise small outings and do projects with other organisations.

It's a free and friendly session where you meet new people have a cup of tea or coffee and chit chat and feel relaxed.

For further information, please contact Sahara in Preston: 48 Fishwick Parade, Preston PR1 4XQ 01772 702090